

# College / Open / Masters Athletes



Friday - January 17th, 2020

9:00am – 9:45am General Assembly - **Nugget Grand Ballroom 1**

10:00am – 12:00pm Session 1 – **Celebrity Showroom - Casino Level – NEW FORMAT**

**Jim Bemiller – David Butler – Giovanni Lanaro – Brian Yokoyama**

Cutting edge concepts to hone and develop proper pole vault technique.  
*A continuation to the run and pole-drop concepts from 2019.*

12:00pm – 1:00pm Lunch / Free Time - **On Your Own**

1:00pm – 3:15pm Session 2 - Athlete Breakout Discussion Forum – **Cascade 3 – NEW FORMAT**

*Olympian **April Steiner Bennett** and YouTuber sensation **Shawn Francis**. Present and discuss balancing the stress of academics and athletics.*

*Followed by: Olympic Champion **Nick Hysong** – Former American Record Holder **Jeff Hartwig**. Ask questions and discuss challenges. with American and World Record Holders, IAAF World Champions and Olympic medalists and top World ranked superstars.*

3:30pm – 5:00pm Session 3 - Interactive Coaching Observation – **Reno Livestock Events Center Pit 1**

**Featuring Greg Duplantis**

*Observe National Staff Members coaching randomly selected athletes with varying abilities.*

5:30pm - 7:00pm

Masters Competition

7:00pm – Finish

Elite Competition – Reno Livestock Events Center - Buses shuttle from 5:30pm

Saturday - January 18th, 2020

8:30am – 8:30pm

Competition (All Divisions will be posted Jan. 17th) – **Reno Livestock Events Center Buses shuttle All Day - Volunteers to officiate competitions are always appreciated**  
**\*PLEASE NOTE MASTERS COMPETITIONS WILL BE HELD FRIDAY AT 5:30pm\***

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**Encourage - Engage - Educate - Inspire**