

Friday January 17th, 2020 - High School and Beginner Groups

		High School Girls	High School Boys	Intermediate Girls	Intermediate Boys	Beginners	
9:00	9:15	<u>Nugget Grand Ballroom 1</u>	<u>Nugget Grand Ballroom 1</u>	<u>Nugget Grand Ballroom 1</u>	<u>Nugget Grand Ballroom 1</u>	<u>Nugget Grand Ballroom 1</u>	
9:15	9:30	General Assembly Keynote: Army M.G. Ron Clark					General Assembly Keynote: Army M.G. Ron Clark
9:30	9:45						General Assembly Keynote: Army M.G. Ron Clark
9:45	10:00	Take a few minutes to convene with parents / chaperones before separating for the day.					
10:00	10:15	Bus to Arena <u>Cascade 1</u>	<u>Sierra Ballroom (Sierra 1 - 3)</u>	<u>Nugget Grand Ballroom 2</u>	<u>Sierra Ballroom (Sierra 1 - 3)</u>	MEET your Coaches	
10:15	10:30		Learning from the Stars - Boys	Hotel Activities Session - Girls	Learning from the Stars - Boys	<u>On Your Own</u>	
10:30	10:45	<u>Reno Livestock Events Center</u>				Lunch Break / Rest / Free Time	
10:45	11:00	Learn By Doing - Runway time					
11:00	11:15						
11:15	11:30						
11:30	11:45		<u>On Your Own</u>		<u>On Your Own</u>		
11:45	12:00		Lunch Break / Rest / Free Time		Lunch Break / Rest / Free Time		
12:00	12:15			<u>On Your Own</u>			
12:15	12:30			Lunch Break / Rest / Free Time		<u>Nugget Grand Ballroom 1</u>	
12:30	12:45	Bus to Hotel					
12:45	13:00						
13:00	13:15	<u>Sierra Ballroom (Sierra 1 - 3)</u>	<u>Reno Livestock Events Center</u>	<u>Sierra Ballroom (Sierra 1 - 3)</u>	<u>Nugget Grand Ballroom 2</u>		
13:15	13:30	Learning from the Stars - Girls	Learn By Doing - Runway time	Learning from the Stars - Girls	Hotel Activities Sessions - Boys		
13:30	13:45						
13:45	14:00						
14:00	14:15						
14:15	14:30						
14:30	14:45	<u>On your Own</u>		Bus to Arena <u>Cascade 1</u>		Bus to Arena <u>Cascade 1</u>	
14:45	15:00	Lunch Break / Rest / Free Time					
15:00	15:15		Bus to Hotel	<u>Reno Livestock Events Center</u>		<u>Reno Livestock Events Center</u>	
15:15	15:30			Learn By Doing - Runway time		Learn By Doing - Runway time	
15:30	15:45						
15:45	16:00						
16:00	16:15						
16:15	16:30						
16:30	16:45						
16:45	17:00						
17:00	17:15			Bus to Hotel	Bus to Hotel	Bus to Hotel	
17:15	17:30						
17:30	17:45	Masters Competitions		Masters Competitions		Masters Competitions	
17:45	18:00						
18:00	18:15	<u>Reno Livestock Events Center</u>		<u>Reno Livestock Events Center</u>		<u>Reno Livestock Events Center</u>	
18:15	18:30	Emerging Elite Vault Competition		Emerging Elite Vault Competition		Emerging Elite Vault Competition	
18:30	18:45						
18:45	19:00						
19:00	19:15	Elite Vault Competition		Elite Vault Competition		Elite Vault Competition	
19:15	19:30						
19:30	19:45						
19:45	20:00						
20:00	20:15						
20:00	20:15						

PLEASE NOTE: THE ABOVE IS A TENTATIVE SCHEDULE AND IS SUBJECT TO CHANGE

Summit Registration and Credential Pick-up:

Thursday, January 16, 2020 1:00pm - 6:00pm
Friday, January 17, 2020 7:00am - 8:00am



**All Activities occur at the Nugget Casino Resort (rooms shown by Underlined headers)-Unless shown as "Reno Livestock Events Center".

**Buses will run to and from the Hotel and Livestock Event Center (Arena). Please meet your Team Leaders in Bonanza Foyer at designated times.

Friday January 17th, 2020 - Coaches, College / Open / Master Athlete, and Parent Groups

		Coaches Group	College / Open / Masters Athletes	Parent Group
9:00	9:15	<u>Nugget Grand Ballroom 1</u>	<u>Nugget Grand Ballroom 1</u>	<u>Nugget Grand Ballroom 1</u>
9:15	9:30	General Assembly Keynote: Army M.G. Ron Clark	General Assembly Keynote: Army M.G. Ron Clark	General Assembly Keynote: Army M.G. Ron Clark
9:30	9:45			
9:45	10:00	Take a few minutes to convene with parents / chaperones before separating for the day.		
10:00	10:15	<u>Celebrity Showroom</u>		
10:15	10:30	Session 1 - Speakers Presentations - NEW FORMAT		
10:30	10:45	Jim Bemiller	David Butler	<u>On Your Own</u>
10:45	11:00	Brian Yokoyama	Giovanni Lanaro	
11:00	11:15			
11:15	11:30	Panel Discussion <i>Cutting edge concepts to hone and develop proper vault technique</i>		
11:30	11:45	<i>A continuation to the pole drop session from last year</i>		
11:45	12:00			
12:00	12:15	<u>On Your Own</u>	<u>On Your Own</u>	
12:15	12:30	Lunch Break	Lunch Break	
12:30	12:45			<u>Sierra 5</u>
12:45	13:00			Parents Session
13:00	13:15	<u>Celebrity Showroom</u>	<u>Cascade 3</u>	Rory Osbourne <i>Sports Psychology</i>
13:15	13:30	Session 2 - NEW FORMAT		
13:30	13:45	April Steiner Bennett Shawn Francis		
13:45	14:00	<i>Academics, Athletics, Nutrition, Mental Health</i>		
14:00	14:15	<i>Balancing the stress of athletics and life.</i>		
14:15	14:30			Stacy Waltz (Dagila) <i>Parent Support for an athletic Lifestyle</i>
14:30	14:45	Greg Duplantis	Peter McGinnis	Derek Miles <i>Pole Vault 101</i>
14:45	15:00	Greg Hull	<i>Followed by: Olympic Champion Nick Hysong – Former American Record Holder Jeff Hartwig . Ask questions and discuss challenges.</i>	
15:00	15:15			
15:15	15:30	Bus to Arena		
15:30	15:45	<u>Reno Livestock Events Center</u>		
15:45	16:00	<u>PIT #1</u>		
16:00	16:15	Session 3 - Interactive Coaching Session -		
16:15	16:30	Greg Duplantis <i>Observe Nationally Staff Members coaching randomly selected athletes with varying abilities.</i>		
16:30	16:45			
16:45	17:00			
17:00	17:15	Bus to Hotel		
17:15	17:30			
17:30	17:45	Masters Competitions	Masters Competitions	Masters Competitions
17:45	18:00			
18:00	18:15	<u>Reno Livestock Events Center</u>		
18:15	18:30	Emerging Elite Vault Competition	Emerging Elite Vault Competition	Emerging Elite Vault Competition
18:30	18:45			
18:45	19:00			
19:00	19:15	Elite Vault Competition	Elite Vault Competition	Elite Vault Competition
19:15	19:30			
19:30	19:45			
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