



## Parents

### Friday - January 17th, 2020

9:00am – 9:45am General Assembly - **Nugget Grand Ballroom 1**

10:00am – 12:30pm Lunch / Free Time - **On Your Own**

12:30pm – 2:30pm Parent Session – **Sierra 5**

**Rory Osbourne** – *Sports Psychology*

**Stacy Waltz (Dragila)** – *Parental support for an athletic lifestyle*

**Derek Miles** – *Pole Vault 101*

2:30pm – 5:30pm Lunch / Free Time - **On Your Own**

5:30pm - 7:00pm Masters Competition

7:00pm – Finish Elite Competition – Reno Livestock Events Center - Buses shuttle from 5:30pm

### Saturday - January 18th, 2020

8:30am – 8:30pm Competition (All Divisions will be posted Jan. 17th) – **Reno Livestock Events Center** *Buses shuttle All Day - **Volunteers to officiate competitions are always appreciated***  
**\*PLEASE NOTE MASTERS COMPETITIONS WILL BE HELD FRIDAY AT 5:30pm\***